



Carers do not always see themselves as a carer, simply as a loving relative or friend.

Caring can be both physically and mentally demanding and can lead to isolation.

There are a wide range of services and support that may be able to help you.

Wired Carers Services provide:

- Information, support and advice if you are caring for a person who is in hospital
- Help and advice if you are in hospital yourself and are worried about the person you care for
- Emotional support
- Counselling service
- Signposting & referral service
- 24 hour Emergency Card
- Quarterly Newsletter
- Drop in/support groups
- Complementary therapies
- Carer specific training

For more information on our services, please return this form to the address overleaf, email or call us on:
01925 633492

Email: warrington.carers@wired.me.uk

Name: _____

Address: _____

Postcode: _____

Telephone: _____

Are you a carer

Former Carer

Other

Where did you see this leaflet?

JH

**Wired Adult and Young Carers
Services Warrington
86 Sankey Street
Warrington
WA1 1SG**

**Hospital Discharge
Carer Support
and
GP Liaison for Carers**

Contact

**Tel: 01925 633492 or
mobile: 07841 203 134**

Email:

julie.howson@wired.me.uk



**Adult and Young
Carers Services**

**Hospital & GP
Support & Information
for
Families/Carers**



**Do you look
after a relative or friend who
needs help due to:
illness, mental health,
addiction, disability or age?
then you are
a Carer!**

WARRINGTON
Borough Council



NHS
Warrington
Clinical Commissioning Group