



Working in partnership with



Calling all Carers

Are you a carer, looking after a member of your family, a friend or a neighbour?

Are you
Worried about your HEALTH,
Lack CONFIDENCE, feel ISOLATED
or need information on FINANCES

Would you like to:-



Return to work



Gain more qualifications



Enter into voluntary work to gain some experience



Not sure how you can achieve this around your caring role?

Come and speak to a Carer Connector for some help and advice, at your local JobCentre Plus on the last Wednesday of the month or contact the Carers Helpline on 0151 670 0777 or email cws@wired.me.uk

