



A carer is someone who looks after a family member, partner or friend in need of help because they are ill, frail or have a disability.

Over 7 million people care for a relative, partner or friend in this country, over 40,000 in Wirral and many of these will be patients themselves within GP practices, hospitals and other health providers



The Wired Carer Connectors are offering **FREE**

Carer Awareness Information Sessions

The sessions are for anyone who come into contact with Carers and help them seek support before it becomes a crisis and help them understand their health and wellbeing is important.

After the session each team will receive a certificate evidencing they are a **Carer Friendly Community**. For the participants they will receive a badge identifying them as a Carer Connector and will be asked to sign up to a pledge stating they will refer Carers to agencies such as ours during their working role.



Please call the Carers Helpline on 0151 670 0777 or email cws@wired.me.uk to book a session or for further information.